

Cymdeithas Chwaraeon Cymru



Our Vision

Our vision is to give players a chance to experience training like a professional footballer, with a games program against professional clubs (in 4 different countries) and at the same time, allow the players to have a vocational education via short courses, which will enable the players to gain qualifications, with an educational pathway which will enable the player to stay with-in the football industry, should they fall short on becoming a professional footballer.

Our Motto

- ✤ Train like a Professional
- Play like a Professional
- ✤ Be a Professional

About us

Active4Sport International (A4SI) was set up to assist in the raising of funds for our partner charity Active4Blood (A4B).

A4SI has 5 Departments to the company:



A4SI Consultancy



A4SI Tours



A4SI Football



A4SI Education



A4SI Care4Players



Active4Blood "Get The Blood Flowing"



A4SI are delighted that we will be the preferred deliverer for Active4Blood Charity and will be a key partner in the management and delivery of educational programmes

A4SI - Consultancy

✤ Sports Consultation

- ✤ Processing Athletic Wear
- ✤ Athletic Conferences
- Football agency (Players & Match)
- Trophies & Cups



A4SI - Tours

- International Football Club Tours
- Diamond, Gold and Silver Standards
- International Football Tournaments
- Pre-Season Camp
- Mid-Season Camps
- Friendly Matches

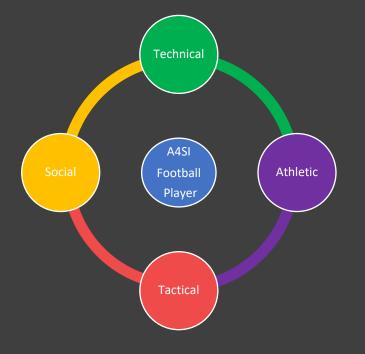
International Youth Tours & Tournaments



A4SI - Football

All players / students will receive daily football training delivered by UEFA qualified coaches, staff will be a mixture of English and Spanish coaches with experience of working within professional football, all staff will hold appropriate clearance to work with young people and vulnerable adults e.g. DBS check

All training, development of Players will be delivered via our STAT MODEL as shown below:





A4SI - Education

Program Aims:

Engage

✤ Educate

Empower



Programme Aims:

Engage Educate Empower

- To Engage and encourage players to never give up and focus on your success.
- To Educate in order achieve your full potential.
- To Empower and enhance your physical health and wellbeing.

International Sport & Fitness Programme 2023-2024 Our unique programme has a 4 Module Pathway each can be completed as a separate qualification. All lead to a Level 2 BTEC in International Sport

Module 1- L2 Award UK Academy-9 weeks

Module 2- L2 Certificate France Academy- 9 weeks

Module 3- L2 Extended Certificate Spain Academy-9 weeks

Module 4- L2 Diploma UK Academy-9 weeks

All Modules include 1st id for Sport, Safeguarding and Personal Skills for Career Development

MODULE OVERVIEW

This qualification is designed to support learners who want an introduction to the sports sector and pursue a career in...

- sports coaching
- fitness training and testing
- sports nutrition
- planning and leading sports events.

Each Module can be completed as a stand alone qualification or progression onto the higher graded certification.

This Module includes the following topics,

- Principles of Fitness and Fitness Testing (30 hours)
- Training for Personal Fitness (30 hours)
- Practical Sport (60 hours)

120 Learning Hours to achieve L2 Award

This Module includes the following topics,

- Planning and Leading Sports Events (60 hours)
- Nutrition for Sports Performance (60 hours)

120 Learning Hours to achieve L2 Certificate

This Module includes the following topics,

- Work Experience in the Sports Industry (60 hours)
- Exercise and Fitness Instructions (60 hours)

120 Learning Hours to achieve L2 Extended Certificate

This Module includes the following topics,

- Leadership in Sport (60 hours)
- Anatomy and Physiology for Sport (30 hours)
- Sports-related Injuries and Illnesses (30 hours)

120 Learning Hours to achieve L2 Diploma

TRANSFERABLE SKILLS

During the teaching and learning phases, learners will focus on developing transferable personal skills such as,

Cognitive and problem-solving skills – using critical thinking, approaching non-routine problems, applying expert and creative solutions, using systems and technology

Interpersonal skills – communicating, working collaboratively, negotiating and influencing, self-presentation

Intrapersonal skills – self-management, adaptability and resilience, self-monitoring and development

SHORT COURSES AVAILABLE

PFSA: Level 1,2 & 3 Scouting Courses

Coach education Courses: Level 1 & 2 leading to UEFA B license

First aid courses: emergency first aid, mental heath first aid

✤ Safeguarding, life skills courses

A4SI - Care4Players

Program Aims:

- The Role and Responsibilities of a Volunteer
- ✤ Life skills development
- Principles of Fitness and Fitness Testing
- Emergency 1st Aid
- PFSA Scouting Courses
- Event Planning & Delivery
- Safeguarding
- Coach Education Course





Alex Armstrong CEO

UEFA Qualified Coach Coach Educator Award Fitness Trainer & Sports Therapist



Julian Wilde-Davies Director of Education

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